

### Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
<b>Women 18-18 50 Free</b>							
1	26.71	L	F	Kendra Venter	18	INFA NMA	31/01/2025 Infinity Gala 2025
2*	27.08	L S	F	Rachel Groepes	18	TUKS FSH	05/12/2024 Western Cape LC-A Championship 2024
2*	27.08	L	S	Morgan Cope	18	LALE CED	09/11/2024 Winelands SL4
4	27.38	L	P	Tori Voke	18	VIKI BUF	15/06/2024 PEA Winter Gala 2024
5	27.83	L	F	Ella-May Claassen	18	PAC FSH	15/06/2024 PEA Winter Gala 2024
6	28.09	L	P	Georgia Els	18	RSA	19/06/2024 BRICS Games Swimming 2024 Russia
7	28.10	L S	F	Anri Wenhold	18	TUKS FSH	05/12/2024 EGA Summer Championships
8	28.33	L	P	Jessica Baker	18	WATR JHB	29/11/2024 CGA Championships 2024
9	28.55	L S	P	Christine Wessels	18	TUKS FSH	05/12/2024 Western Cape LC-A Championship 2024
10	28.63	L	F	Ninah Wedderburn	18	INFA NMA	31/01/2025 Infinity Gala 2025
11	28.83	L	F	Emily Beatt	18	NMU NMA	17/08/2024 Madibaz Swim Meet 2024
12	28.93	L	F	Xandri Palmer	18	POTC KKD	07/12/2024 NWS Championships 2024
13	29.43	L	P	Cleo Lin	18	WATR JHB	29/11/2024 CGA Championships 2024
14	29.49	L S	P	Anika Hugo	18	QSAW CED	05/12/2024 Western Cape LC-A Championship 2024
15	29.83	L	F	Jana Naude	18	STSC KCD	26/10/2024 Froggies Aquatics Championships 2024
16*	30.11	L S	F	Maya Laubscher	18	ASAC CPT	02/11/2024 CTA A & B CHAMPS 2024
16*	30.11	L S	F	Utah Novello	18	TGA WCD	21/09/2024 CTA INVITATIONAL LC MEET
18	30.23	L	F	Amber Ogden	18	PEAS NMA	17/08/2024 Madibaz Swim Meet 2024
19	30.25	L	F	Danielle Webster	18	RFA FSH	18/10/2024 NTS Level 3+ October Age Group 2024
20	30.31	L	F	Annik Battheu	18	TUKS FSH	07/12/2024 NWS Championships 2024
21	30.74	L	F	Tanith Ward	18	SSISA CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
22	30.77	L	F	Lucy Friedenthal	18	UNI EZD	29/11/2024 Mpumalanga Championships 2024
23	30.78	L	F	Madison Alberts	18	RSA	04/10/2024 Curro AquaElite Gala
24	30.79	L	P	Jorja Lindstrom	18	HARL BUF	15/06/2024 PEA Winter Gala 2024
25	30.90	L	F	Erin Langenhoven	18	SLAQ CPT	17/10/2024 43rd Freda Barnard Invitational Gala
26	30.93	L	F	Emma Terblanche	18	KOVS MAN	11/10/2024 Otters Prestige Gala 2024
27	31.08	L S	P	Clio Smidt	18	VINE CPT	05/12/2024 Western Cape LC-A Championship 2024
28	31.09	L	F	Roxanne Lothian	18	PER JHB	29/11/2024 CGA Championships 2024
29	31.10	L	F	Justine Crator	18	CA EKU	26/10/2024 Summer 3 Delville
30	31.27	L	F	Mikaela Landman	18	RFA FSH	18/10/2024 NTS Level 3+ October Age Group 2024
31	31.44	L	P	Chante Joubert	18	CRSC JHB	29/11/2024 CGA Championships 2024
32	31.53	L	F	Marlouse Keet	18	DDA FSH	29/11/2024 Limpopo Champs 2024
33	31.82	L	F	Kiera Cloete	18	SASE JHB	10/01/2025 2024 Grand Prix Invitation Swimming
34*	32.11	L	F	Annika Erasmus	18	AA JHB	22/01/2025 Crusaders Night Gala 2
34*	32.11	L	F	Rachel Murray	18	HARL BUF	25/01/2025 BCA January Age Group Gala 2025
36	32.69	L	F	Abigail Olivier	18	ACAQ CCD	29/11/2024 Limpopo Champs 2024
37	33.08	L S	F	Dakota Wyngaard	18	QUIC CPT	02/11/2024 CTA A & B CHAMPS 2024
38	33.39	L	F	Sarah Byrne	18	LAD UTD	07/12/2024 Uthukela District Age Group Gala
39	33.65	L	F	Ashley Jansen van Vuuren	18	CSA EZD	29/11/2024 Mpumalanga Championships 2024
40	33.89	L	F	Melisca Everson	18	AQUA UTD	07/12/2024 Uthukela District Age Group Gala
41	34.18	L	F	Elani Neethling	18	ELRAS WBD	29/11/2024 Limpopo Champs 2024
42	34.54	L	P	Lukhanyiso Tywala	18	RRSC JHB	29/11/2024 CGA Championships 2024
43	35.93	L S	F	Christine Keira Pagkatipunan	18	SOUL EKU	05/12/2024 EGA Summer Championships
44	37.05	L	F	Jana Prinsloo	18	HSTAN MP	08/10/2024 Limpopo Top 8 - High Schools
45	38.69	L	F	Chanelle de Swardt	18	HBV MP	08/10/2024 Limpopo Top 8 - High Schools
46	39.06	L	F	Shirley Mlotshwa	18	ATTE FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
47	43.07	L	F	Isabel Du Preez	18	GHSK	05/10/2024 FLAMINGO GALA OCT 2024
48	47.43	L	F	Hannah Inns-Swanepoel	18	ANAX CPT	09/11/2024 Swartland Prestige Gala 2024
<b>Women 18-18 100 Free</b>							
1	58.05	L	P	Milla Drakopoulos	18	TUKS FSH	25/05/2024 2024 Mare Nostrum Canet
2	58.75	L	F	Kendra Venter	18	INFA NMA	15/06/2024 PEA Winter Gala 2024
3	58.95	L	F	Rachel Groepes	18	TUKS FSH	05/12/2024 Western Cape LC-A Championship 2024
4	59.71	L	F	Megan Stewart	18	AZON ETH	02/07/2024 Prestige Tournament 2024
5	59.95	L	F	Tori Voke	18	VIKI BUF	15/06/2024 PEA Winter Gala 2024
6	1:00.29	L	F	Christine Wessels	18	TUKS FSH	05/12/2024 Western Cape LC-A Championship 2024
7	1:00.74	L	P	Ella-May Claassen	18	PAC FSH	15/06/2024 PEA Winter Gala 2024
8	1:01.88	L	F	Anri Wenhold	18	TUKS FSH	05/12/2024 EGA Summer Championships

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Times since: 01-May-24

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	Time	P/F/S	Name	Age/Yr					
9	1:02.35	L	P	Jessica Baker	18	WATR	JHB	29/11/2024	CGA Championships 2024
10	1:02.41	L	F	Ninah Wedderburn	18	INFA	NMA	31/01/2025	Infinity Gala 2025
11	1:02.59	L	F	Alexia Greyling	18	CA	EKU	12/10/2024	EGA Summer 2
12	1:03.65	L	F	Cleo Lin	18	WATR	JHB	29/11/2024	CGA Championships 2024
13	1:03.72	L	F	Xandri Palmer	18	POTC	KKD	07/12/2024	NWS Championships 2024
14	1:03.90	L	F	Madison Alberts	18	RSA		04/10/2024	Curro AquaElite Gala
15	1:04.12	L	P	Chanel Du Plessis	18	CYBE	CPT	05/12/2024	Western Cape LC-A Championship 2024
16	1:05.08	L	P	Anika Hugo	18	QSAW	GED	05/12/2024	Western Cape LC-A Championship 2024
17	1:06.00	L	P	Retha De Roubaix	18	LALE	GED	05/12/2024	Western Cape LC-A Championship 2024
18	1:06.22	L	F	Emily Beatt	18	NMU	NMA	03/08/2024	2nd A League Gala 2024
19	1:06.42	L	F	Erin Langenhoven	18	SLAQ	CPT	17/10/2024	43rd Freda Barnard Invitational Gala
20	1:06.60	L	F	Nirvana Borrageiro	18	AZON	ETH	14/06/2024	AQZ Winter Warmer 2024
21	1:06.62	L	P	Annik Battheu	18	TUKS	TSH	07/12/2024	NWS Championships 2024
22	1:07.28	L	F	Rachel Murray	18	HARL	BUF	13/12/2024	NMBA Championships 2024
23	1:07.43	L	P	Chante Joubert	18	CRSC	JHB	29/11/2024	CGA Championships 2024
24	1:07.85	L	F	Miette Van Huyssteen	18	CUHE	OBD	17/10/2024	43rd Freda Barnard Invitational Gala
25	1:08.16	L	F	Tanith Ward	18	SSISA	CPT	21/09/2024	CTA INVITATIONAL LC MEET
26	1:08.26	L	F	Jorja Lindstrom	18	HARL	BUF	15/06/2024	PEA Winter Gala 2024
27	1:08.80	L	F	Lucy Friedenthal	18	UNI	EZD	29/11/2024	Mpumalanga Championships 2024
28	1:08.95	L	F	Kiera Cloete	18	SASE	JHB	10/01/2025	2024 Grand Prix Invitation Swimming
29	1:09.08	L	F	Amber Ogden	18	PEAS	NMA	17/08/2024	Madibaz Swim Meet 2024
30	1:09.43	L	P	Clio Smidt	18	VINE	CPT	05/12/2024	Western Cape LC-A Championship 2024
31	1:09.59	L	F	Yedidah Theron	18	ROA	EDD	17/10/2024	43rd Freda Barnard Invitational Gala
32	1:10.35	L	F	Mikaela Landman	18	RFA	TSH	18/10/2024	NTS Level 3+ October Age Group 2024
33	1:11.33	L	F	Abigail Olivier	18	ACAQ	CCD	29/11/2024	Limpopo Champs 2024
34	1:11.44	L	F	Lara Martin	18	KLOO	ETH	14/06/2024	AQZ Winter Warmer 2024
35	1:11.63	L	F	Emma Terblanche	18	KOVS	MAN	11/10/2024	Otters Prestige Gala 2024
36	1:12.04	L	F	Annika Erasmus	18	AA	JHB	10/01/2025	2024 Grand Prix Invitation Swimming
37	1:13.35	L	F	Sarah Byrne	18	LAD	UTD	07/12/2024	Uthukela District Age Group Gala
38	1:14.75	L	P	Ashley Jansen van Vuuren	18	CSA	EZD	29/11/2024	Mpumalanga Championships 2024
39	1:15.11	L	F	Melisca Everson	18	AQUA	UTD	02/11/2024	Uthukela District Age Group Gala
40	1:16.78	L	F	Elani Neethling	18	ELRAS	WBD	29/11/2024	Limpopo Champs 2024
41	1:17.06	L	P	Lukhanyiso Tywala	18	RRSC	JHB	29/11/2024	CGA Championships 2024
42	1:31.50	L	F	Jana Prinsloo	18	HSTAN	MP	08/10/2024	Limpopo Top 8 - High Schools
43	1:34.21	L	F	Shirley Mlotshwa	18	ATTE	TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
44	1:37.28	L	F	Sharice Smit	18	HBV	MP	08/10/2024	Limpopo Top 8 - High Schools
45	1:37.77	L	F	Melissa Laubscher	18	PHS	CCD	08/10/2024	Limpopo Top 8 - High Schools
46	1:38.50	L	F	Isabel Du Preez	18	GHSK		05/10/2024	FLAMINGO GALA OCT 2024
47	1:50.92	L	F	Hannah Inns-Swanepoel	18	ANAX	CPT	09/11/2024	Swartland Prestige Gala 2024
<b>Women 18-18 200 Free</b>									
1	2:06.37	L	F	Callan Lötter	18	TUKS	TSH	29/11/2024	CGA Championships 2024
2	2:09.88	L	P	Milla Drakopoulos	18	TUKS	TSH	25/05/2024	2024 Mare Nostrum Canet
3	2:11.32	L	F	Rachel Groepes	18	TUKS	TSH	05/12/2024	Western Cape LC-A Championship 2024
4	2:11.67	L	F	Megan Stewart	18	AZON	ETH	02/07/2024	Prestige Tournament 2024
5	2:12.99	L	F	Zoe Griffiths	18	TUKS	TSH	29/11/2024	CGA Championships 2024
6	2:13.52	L	F	Kendra Venter	18	INFA	NMA	17/08/2024	Madibaz Swim Meet 2024
7	2:15.57	L	P	Jessica Baker	18	WATR	JHB	29/11/2024	CGA Championships 2024
8	2:16.66	L	F	Cleo Lin	18	WATR	JHB	29/11/2024	CGA Championships 2024
9	2:18.35	L	F	Madison Alberts	18	RSA		04/10/2024	Curro AquaElite Gala
10*	2:19.08	L	P	Chanel Du Plessis	18	CYBE	CPT	05/12/2024	Western Cape LC-A Championship 2024
10*	2:19.08	L	F	Tayla Bruce	18	BEAV	ETH	02/07/2024	Prestige Tournament 2024
12	2:19.36	L	P	Chelsea White	18	CRSC	JHB	29/11/2024	CGA Championships 2024
13	2:19.78	L	F	Xandri Palmer	18	POTC	KKD	07/12/2024	NWS Championships 2024
14	2:19.79	L	F	Jana Naude	18	ASA	ILD	25/01/2025	uShaka Champs 2025
15	2:19.95	L S	F	Anri Wenhold	18	TUKS	TSH	05/12/2024	EGA Summer Championships
16	2:20.40	L S	F	Alexia Greyling	18	CA	EKU	05/12/2024	EGA Summer Championships
17	2:20.51	L	F	Ninah Wedderburn	18	INFA	NMA	13/12/2024	NMBA Championships 2024
18	2:20.52	L	F	Kirsten Storm	18	TUKS	TSH	22/01/2025	Crusaders Night Gala 2
19	2:21.03	L	P	Retha De Roubaix	18	LALE	GED	05/12/2024	Western Cape LC-A Championship 2024

### Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
20	2:22.86	L S	F	Maya Laubscher	18	ASAC CPT	02/11/2024 CTA A & B CHAMPS 2024
21	2:24.21	L	F	Erin Langenhoven	18	SLAQ CPT	21/09/2024 CTA INVITATIONAL LC MEET
22	2:24.35	L	P	Annik Battheu	18	TUKS TSH	07/12/2024 NWS Championships 2024
23	2:24.75	L	F	Marlouise Keet	18	DDA TSH	29/11/2024 Limpopo Champs 2024
24	2:28.33	L	F	Tasnim Nabbie	18	ACSA ETH	02/07/2024 Prestige Tournament 2024
25	2:29.81	L	F	Chante Joubert	18	CRSC JHB	29/11/2024 CGA Championships 2024
26	2:31.13	L	F	Rachel Murray	18	HARL BUF	13/12/2024 NMBA Championships 2024
27	2:33.04	L	F	Annika Erasmus	18	AA JHB	22/01/2025 Crusaders Night Gala 2
28	2:33.65	L	F	Yedidah Theron	18	ROA EDD	17/10/2024 43rd Freda Barnard Invitational Gala
29	2:33.81	L	F	Kiera Cloete	18	SASE JHB	10/01/2025 2024 Grand Prix Invitation Swimming
30	2:34.34	L	F	Amber Ogden	18	PEAS NMA	17/08/2024 Madibaz Swim Meet 2024
31	2:37.32	L	F	Madison Scorgie	18	AA JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
32	2:38.51	L	P	Dominique Rabie	18	ACSA ETH	02/07/2024 Prestige Tournament 2024
33	2:39.54	L	F	Abigail Olivier	18	ACAQ C&D	12/10/2024 Limpopo Age Group 4
34	2:40.07	L	P	Kayleen Van Reenen	18	PER JHB	29/11/2024 CGA Championships 2024
35	2:41.11	L	F	Emma Terblanche	18	KOVS MAN	11/10/2024 Otters Prestige Gala 2024
36	2:42.34	L	F	Dakota Wyngaard	18	RSA	04/10/2024 Curro AquaElite Gala
37	2:43.78	L	F	Mila Kriek	18	QSAW CED	09/11/2024 Winelands SL4
38	2:44.54	L	F	Ashley Jansen van Vuuren	18	CSA EZD	29/11/2024 Mpumalanga Championships 2024
39	3:10.98	L	F	Sarah Byrne	18	LAD UTD	07/12/2024 Uthukela District Age Group Gala
40	3:37.21	L	F	Isabel Du Preez	18	GHSK	05/10/2024 FLAMINGO GALA OCT 2024
41	3:56.74	L	F	Hannah Inns-Swanepoel	18	ANAX CPT	09/11/2024 Swartland Prestige Gala 2024
<b>Women 18-18 400 Free</b>							
1	4:44.41	L	F	Zoe Griffiths	18	TUKS TSH	29/11/2024 CGA Championships 2024
2	4:48.52	L	F	Megan Stewart	18	RSA	04/10/2024 Curro AquaElite Gala
3	4:49.72	L	F	Madison Alberts	18	AZON ETH	02/07/2024 Prestige Tournament 2024
4	4:53.14	L	F	Maya Laubscher	18	ASAC CPT	05/12/2024 Western Cape LC-A Championship 2024
5	4:53.48	L	F	Retha De Roubaix	18	LALE CED	05/12/2024 Western Cape LC-A Championship 2024
6	4:54.25	L	F	Jana Naude	18	ASA ILD	25/01/2025 uShaka Champs 2025
7	4:57.14	L	F	Tayla Bruce	18	BEAV ETH	02/07/2024 Prestige Tournament 2024
8	4:59.96	L	F	Erin Langenhoven	18	SLAQ CPT	17/10/2024 43rd Freda Barnard Invitational Gala
9	5:00.52	L	F	Xandri Palmer	18	POTC KKD	23/11/2024 NWS Age Group 3 + 4 2024
10	5:07.27	L	F	Jorja Lindstrom	18	HARL BUF	13/12/2024 NMBA Championships 2024
11	5:11.38	L	F	Nirvana Borrageiro	18	AZON ETH	02/07/2024 Prestige Tournament 2024
12	5:13.86	L	F	Chanel Du Plessis	18	CYBE CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
13	5:14.66	L	F	Rachel Murray	18	HARL BUF	15/06/2024 PEA Winter Gala 2024
14	5:15.80	L	F	Tasnim Nabbie	18	ACSA ETH	02/07/2024 Prestige Tournament 2024
15	5:27.03	L	F	Annika Erasmus	18	AA JHB	10/01/2025 2024 Grand Prix Invitation Swimming
16	5:36.73	L	F	Dominique Rabie	18	ACSA ETH	02/07/2024 Prestige Tournament 2024
<b>Women 18-18 800 Free</b>							
1	9:32.43	L	F	Zoe Griffiths	18	TUKS TSH	29/11/2024 CGA Championships 2024
2	9:56.62	L	F	Tayla Bruce	18	BEAV ETH	02/07/2024 Prestige Tournament 2024
3	10:05.88	L	F	Retha De Roubaix	18	LALE CED	05/12/2024 Western Cape LC-A Championship 2024
4	10:07.81	L	F	Maya Laubscher	18	ASAC CPT	02/11/2024 CTA A & B CHAMPS 2024
5	10:13.10	L	F	Erin Langenhoven	18	SLAQ CPT	17/10/2024 43rd Freda Barnard Invitational Gala
6	10:43.42	L	F	Xandri Palmer	18	POTC KKD	23/11/2024 NWS Age Group 3 + 4 2024
7	10:46.94	L	F	Nirvana Borrageiro	18	AZON ETH	02/07/2024 Prestige Tournament 2024
8	10:48.81	L	F	Rachel Murray	18	HARL BUF	15/06/2024 PEA Winter Gala 2024
9	10:58.58	L	F	Tasnim Nabbie	18	ACSA ETH	02/07/2024 Prestige Tournament 2024
<b>Women 18-18 1500 Free</b>							
1	19:25.93	L S	F	Retha De Roubaix	18	LALE CED	05/12/2024 Western Cape LC-A Championship 2024
2	20:11.27	L	F	Maya Laubscher	18	ASAC CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
3	20:32.39	L	F	Rachel Murray	18	HARL BUF	22/11/2024 BCA Long Course Championships 2024
4	20:57.00	L	F	Tasnim Nabbie	18	ACSA ETH	30/11/2024 KZN Open Water Champs 2024
5	25:16.00	L	O	Kayleen Van Reenen	18	PER JHB	18/01/2025 WC OWS Champs / Aqua Azzurra
<b>Women 18-18 3000 Free</b>							
1	42.06	L	F	Tayla Bruce	18	ACSA ETH	24/11/2024 Capital K 3km Open Water Swim
2	36:10.00	L	O	Callan Lötter	18	TUKS TSH	07/12/2024 Prime View #2

## Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
3	41:11.57 L	O	Erin Langenhoven	18	SLAQ CPT	23/11/2024	Aqua Azzurra Foundation OWS - Series	
4	42:58.00 L	F	Tasnim Nabbie	18	ACSA ETH	30/11/2024	KZN Open Water Champs 2024	
5	44:32.39 L	O	Maya Laubscher	18	ASAC CPT	18/01/2025	WC OWS Champs / Aqua Azzurra	
6	49:21.00 L	O	Dominique Rabie	18	ACSA ETH	29/09/2024	EDA Open Water 1	
7	51:38.00 L	O	Kayleen Van Reenen	18	PER JHB	18/01/2025	WC OWS Champs / Aqua Azzurra	
<b>Women 18-18 5000 Free</b>								
1	58:43.00 L	O	Tayla Bruce	18	ACSA ETH	26/10/2024	EDA Open Water 2	
2	1:02:07.00 L	O	Madison Alberts	18	AZON ETH	26/10/2024	EDA Open Water 2	
3	1:04:06.00 L	O	Callan Lötter	18	TUKS FSH	02/11/2024	Prime View #1	
4	1:04:33.00 L	O	Dominique Rabie	18	ACSA ETH	26/10/2024	EDA Open Water 2	
5	1:04:45.00 L	O	Tasnim Nabbie	18	ACSA ETH	26/10/2024	EDA Open Water 2	
6	1:12:50.00 L	O	Maya Laubscher	18	ASAC CPT	23/11/2024	Aqua Azzurra Foundation OWS - Series	
7	1:14:17.00 L	O	Erin Langenhoven	18	SLAQ CPT	18/01/2025	WC OWS Champs / Aqua Azzurra	
<b>Women 18-18 10000 Free</b>								
1	2:01:25.00 L	O	Callan Lötter	18	TUKS FSH	18/01/2025	Prime View #3 2025	
2	2:28:43.00 L	F	Tayla Bruce	18	ACSA ETH	30/11/2024	KZN Open Water Champs 2024	
3	2:42:33.00 L	O	Dominique Rabie	18	ACSA ETH	02/11/2024	Prime View #1	
<b>Women 18-18 50 Back</b>								
1	28.75 L	P	Milla Drakopoulos	18	TUKS FSH	25/05/2024	2024 Mare Nostrum Canet	
2	31.04 L	F	Kendra Venter	18	INFA NMA	31/01/2025	Infinity Gala 2025	
3	31.42 L	F	Tori Voke	18	VIKI BUF	15/06/2024	PEA Winter Gala 2024	
4	31.96 L	F	Megan Stewart	18	AZON ETH	02/07/2024	Prestige Tournament 2024	
5	32.17 L	P	Chanel Du Plessis	18	CYBE CPT	05/12/2024	Western Cape LC-A Championship 2024	
6	32.62 L	P	Anri Wenhold	18	TUKS FSH	05/12/2024	EGA Summer Championships	
7	32.71 L	P	Jo-Ell Viljoen	18	ASAW GED	05/12/2024	Western Cape LC-A Championship 2024	
8	32.79 L	P	Georgia Els	18	RSA	19/06/2024	BRICS Games Swimming 2024 Russia	
9	32.83 L	F	Ella-May Claassen	18	PAC FSH	15/06/2024	PEA Winter Gala 2024	
10	33.08 L	F	Emily Beatt	18	NMU NMA	17/08/2024	Madibaz Swim Meet 2024	
11	33.50 L	F	Nirvana Borrageiro	18	RSA	04/10/2024	Curro AquaElite Gala	
12	33.77 L	F	Tanith Ward	18	SSISA CPT	21/09/2024	CTA INVITATIONAL LC MEET	
13	33.96 L	F	Miette Van Huyssteen	18	CUHE QBD	05/12/2024	Western Cape LC-A Championship 2024	
14	34.12 L	F	Cleo Lin	18	WATR JHB	29/11/2024	CGA Championships 2024	
15	34.87 L	F	Robyn Cowley	18	CSC FSH	13/09/2024	NTS September Age Group 2024	
16	35.07 L	F	Roxanne Lothian	18	PER JHB	29/11/2024	CGA Championships 2024	
17	35.46 L	F	Xandri Palmer	18	NWS	25/01/2025	4+1 INTERPROVINCIAL GALA 2025	
18	35.68 L	F	Maya Laubscher	18	ASAC CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)	
19	35.75 L	F	Lucy Friedenthal	18	UNI EZD	29/11/2024	Mpumalanga Championships 2024	
20	35.98 L	F	Mikaela Landman	18	RFA FSH	18/10/2024	NTS Level 3+ October Age Group 2024	
21	36.02 L	F	Rachel Murray	18	HARL BUF	22/11/2024	BCA Long Course Championships 2024	
22	36.24 L	F	Erin Langenhoven	18	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala	
23	36.36 L	F	Madison Scorgie	18	AA JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan	
24	36.75 L	F	Marlouise Keet	18	DDA FSH	29/11/2024	Limpopo Champs 2024	
25	36.79 L S	F	Annik Battheu	18	TUKS FSH	07/12/2024	NWS Championships 2024	
26	37.55 L S	F	Dakota Wyngaard	18	QUIC CPT	02/11/2024	CTA A & B CHAMPS 2024	
27	37.69 L	P	Chante Joubert	18	CRSC JHB	29/11/2024	CGA Championships 2024	
28	37.81 L	F	Carlia Nel	18	HPP BUF	08/10/2024	Limpopo Top 8 - High Schools	
29	38.91 L	F	Ashley Jansen van Vuuren	18	CSA EZD	29/11/2024	Mpumalanga Championships 2024	
30	39.91 L	P	Lukhanyiso Tywala	18	RRSC JHB	29/11/2024	CGA Championships 2024	
31	40.56 L	F	Elani Neethling	18	ELRAS WBD	29/11/2024	Limpopo Champs 2024	
32	40.67 L	F	Yedidah Theron	18	ROA EDD	17/10/2024	43rd Freda Barnard Invitational Gala	
33	41.56 L	F	Melisca Everson	18	AQUA UTD	07/12/2024	Uthukela District Age Group Gala	
34	41.71 L	F	Sarah Byrne	18	LAD UTD	11/01/2025	Uthukela District Age Group Gala	
35	42.12 L	F	Isabella Dando	18	HSTAN MP	08/10/2024	Limpopo Top 8 - High Schools	
36	42.27 L	F	Christine Keira Pagkatipunan	18	SOUL EKU	05/12/2024	EGA Summer Championships	
37	43.99 L	F	Chanelle de Swardt	18	HBV MP	08/10/2024	Limpopo Top 8 - High Schools	
38	54.54 L	F	Hannah Inns-Swanepoel	18	ANAX CPT	09/11/2024	Swartland Prestige Gala 2024	
<b>Women 18-18 100 Back</b>								
1	1:01.98 L	F	Milla Drakopoulos	18	PAC FSH	29/05/2024	2024 Mare Nostrum Barcelona	

### Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
2	1:06.36 L	F	Kendra Venter	18	INFA NMA	13/12/2024	NMBA Championships 2024
3	1:06.84 L	F	Callan Lötter	18	TUKS FSH	29/11/2024	CGA Championships 2024
4	1:07.95 L	F	Christine Wessels	18	TUKS FSH	05/12/2024	Western Cape LC-A Championship 2024
5	1:08.06 L	F	Tori Voke	18	VIKI BUF	15/06/2024	PEA Winter Gala 2024
6	1:09.05 L	P	Chanel Du Plessis	18	CYBE CPT	05/12/2024	Western Cape LC-A Championship 2024
7	1:11.31 L	F	Ella-May Claassen	18	PAC FSH	15/06/2024	PEA Winter Gala 2024
8	1:11.63 L	P	Clio Smidt	18	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
9	1:11.68 L	F	Nirvana Borrageiro	18	RSA	04/10/2024	Curro AquaElite Gala
10	1:12.97 L	P	Jo-Ell Viljoen	18	ASAW CED	05/12/2024	Western Cape LC-A Championship 2024
11	1:13.76 L	F	Chelsea White	18	CRSC JHB	22/01/2025	Crusaders Night Gala 2
12	1:13.96 L	F	Emily Beatt	18	NMU NMA	17/08/2024	Madibaz Swim Meet 2024
13	1:14.71 L	F	Rachel Murray	18	HARL BUF	15/06/2024	PEA Winter Gala 2024
14	1:14.74 L	F	Cleo Lin	18	WATR JHB	17/08/2024	Madibaz Swim Meet 2024
15	1:14.99 L	F	Tanith Ward	18	SSISA CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
16	1:16.06 L	F	Miette Van Huyssteen	18	CUHE OBD	17/10/2024	43rd Freda Barnard Invitational Gala
17	1:16.09 L	F	Xandri Palmer	18	POTC KKD	07/12/2024	NWS Championships 2024
18	1:17.23 L	F	Robyn Cowley	18	CSC FSH	13/09/2024	NTS September Age Group 2024
19	1:17.32 L	F	Jana Naude	18	ASA ILD	25/01/2025	uShaka Champs 2025
20	1:17.74 L	F	Marlouise Keet	18	DDA FSH	29/11/2024	Limpopo Champs 2024
21	1:18.69 L	F	Maya Laubscher	18	ASAC CPT	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)
22	1:19.02 L	F	Dakota Wyngaard	18	RSA	04/10/2024	Curro AquaElite Gala
23	1:19.20 L	F	Lucy Friedenthal	18	UNI EZD	29/11/2024	Mpumalanga Championships 2024
24	1:19.89 L	P	Madison Alberts	18	AZON ETH	02/07/2024	Prestige Tournament 2024
25	1:19.97 L	F	Mikaela Landman	18	RFA FSH	18/10/2024	NTS Level 3+ October Age Group 2024
26	1:21.52 L	F	Chante Joubert	18	CRSC JHB	29/11/2024	CGA Championships 2024
27	1:24.80 L	F	Carlia Nel	18	HPP BUF	08/10/2024	Limpopo Top 8 - High Schools
28	1:25.25 L	F	Lara Martin	18	KLOO ETH	14/06/2024	AQZ Winter Warmer 2024
29	1:25.78 L	P	Ashley Jansen van Vuuren	18	CSA EZD	29/11/2024	Mpumalanga Championships 2024
30	1:26.59 L	F	Erin Langenhoven	18	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala
31	1:30.33 L	F	Lukhanyiso Tywala	18	RRSC JHB	29/11/2024	CGA Championships 2024
32	1:31.75 L S	F	Christine Keira Pagkatipunan	18	SOUL EKU	05/12/2024	EGA Summer Championships
33	1:33.12 L	F	Sarah Byrne	18	LAD UTD	02/11/2024	Uthukela District Age Group Gala
34	1:36.33 L	F	Isabella Dando	18	HSTAN MP	08/10/2024	Limpopo Top 8 - High Schools
35	1:39.50 L	F	Chanelle de Swardt	18	HBV MP	08/10/2024	Limpopo Top 8 - High Schools
<b>Women 18-18 200 Back</b>							
1	2:16.32 L	P	Milla Drakopoulos	18	TUKS FSH	25/05/2024	2024 Mare Nostrum Canet
2	2:26.08 L	F	Zoe Griffiths	18	TUKS FSH	29/11/2024	CGA Championships 2024
3	2:28.64 L S	P	Tayla Bruce	18	BEAV ETH	02/07/2024	Prestige Tournament 2024
4	2:28.97 L	F	Kendra Venter	18	INFA NMA	14/09/2024	3rd A League Gala 2024
5	2:29.14 L	F	Megan Stewart	18	RSA	04/10/2024	Curro AquaElite Gala
6	2:35.28 L	F	Tori Voke	18	VIKI BUF	22/11/2024	BCA Long Course Championships 2024
7	2:35.90 L	F	Clio Smidt	18	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
8	2:37.36 L	F	Cleo Lin	18	WATR JHB	17/08/2024	Madibaz Swim Meet 2024
9	2:41.86 L	F	Rachel Murray	18	HARL BUF	22/11/2024	BCA Long Course Championships 2024
10	2:41.91 L	P	Retha De Roubaix	18	LALE CED	05/12/2024	Western Cape LC-A Championship 2024
11	2:43.52 L	F	Maya Laubscher	18	ASAC CPT	21/09/2024	CTA INVITATIONAL LC MEET
12	2:48.39 L	F	Marlouise Keet	18	DDA FSH	29/11/2024	Limpopo Champs 2024
13	2:48.98 L	F	Dakota Wyngaard	18	RSA	04/10/2024	Curro AquaElite Gala
14	2:53.89 L	F	Chante Joubert	18	CRSC JHB	29/11/2024	CGA Championships 2024
15	2:55.78 L	F	Erin Langenhoven	18	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala
16	3:18.88 L	F	Christine Keira Pagkatipunan	18	SOUL EKU	05/12/2024	EGA Summer Championships
17	3:20.87 L	P	Lukhanyiso Tywala	18	RRSC JHB	29/11/2024	CGA Championships 2024
<b>Women 18-18 50 Breast</b>							
1	32.39 L	P	Morgan Cope	18	LALE CED	05/12/2024	Western Cape LC-A Championship 2024
2	32.44 L	F	Georgia Els	18	TUKS FSH	13/12/2024	NMBA Championships 2024
3	33.42 L	F	Isabella Mc Colgan	18	TUKS FSH	29/11/2024	CGA Championships 2024
4	34.31 L	F	Kiera Cloete	18	SASE JHB	29/11/2024	CGA Championships 2024
5	34.67 L S	F	Alexia Greyling	18	CA EKU	05/12/2024	EGA Summer Championships

### Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
6	35.14	L	P	Kendra Venter	18	INFA NMA	15/06/2024 PEA Winter Gala 2024
7	36.37	L	P	Anika Hugo	18	QSAW CED	05/12/2024 Western Cape LC-A Championship 2024
8	36.68	L	F	Ninah Wedderburn	18	INFA NMA	05/10/2024 4th A League Gala 2024
9	37.16	L	F	Danielle Webster	18	RFA TSH	18/10/2024 NTS Level 3+ October Age Group 2024
10*	37.21	L	P	Jessica Baker	18	WATR JHB	29/11/2024 CGA Championships 2024
10*	37.21	L	F	Jorja Lindstrom	18	BCA BUF	11/01/2025 EDEN INTER DISTRICT PRESTIGE
12	37.61	L	F	Cleo Lin	18	WATR JHB	17/08/2024 Madibaz Swim Meet 2024
13	37.90	L	F	Tori Voke	18	VIKI BUF	15/06/2024 PEA Winter Gala 2024
14	38.32	L	F	Xandri Palmer	18	NWS	25/01/2025 4+1 INTERPROVINCIAL GALA 2025
15	38.41	L	F	Nirvana Borrageiro	18	AZON ETH	02/07/2024 Prestige Tournament 2024
16	38.68	L	F	Maya Laubscher	18	ASAC CPT	21/09/2024 CTA INVITATIONAL LC MEET
17	38.70	L	F	Erin Langenhoven	18	SLAQ CPT	17/10/2024 43rd Freda Barnard Invitational Gala
18	39.20	L	F	Lucy Friedenthal	18	UNI EZD	29/11/2024 Mpumalanga Championships 2024
19	39.83	L	F	Juliette Pascoe	18	TUKS TSH	13/12/2024 NMBA Championships 2024
20	39.96	L	F	Mila Kriek	18	QSAW CED	09/11/2024 Winelands SL4
21	40.02	L	F	Abigail Olivier	18	ACAQ CCD	18/10/2024 NTS Level 3+ October Age Group 2024
22	40.73	L	F	Marlouise Keet	18	DDA TSH	29/11/2024 Limpopo Champs 2024
23	41.05	L	F	Ella-May Claassen	18	PAC TSH	15/06/2024 PEA Winter Gala 2024
24	41.10	L	F	Mienke Herbst	18	SSISA CPT	21/09/2024 CTA INVITATIONAL LC MEET
25	41.64	L	F	Keira Booth	18	HMER MP	08/10/2024 Limpopo Top 8 - High Schools
26	42.55	L	F	Chanel Du Plessis	18	CYBE CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
27	43.10	L	F	Annika Erasmus	18	AA JHB	29/11/2024 CGA Championships 2024
28	43.25	L	F	Ellen� Van der Westhuyzen	18	HSBV SKD	08/10/2024 Limpopo Top 8 - High Schools
29	43.66	L	F	Dakota Wyngaard	18	RSA	04/10/2024 Curro AquaElite Gala
30	43.79	L	F	Rachel Murray	18	HARL BUF	25/01/2025 BCA January Age Group Gala 2025
31	45.80	L	P	Ashley Jansen van Vuuren	18	CSA EZD	29/11/2024 Mpumalanga Championships 2024
32	46.11	L	F	Elani Neethling	18	ELRAS WBD	29/11/2024 Limpopo Champs 2024
33	47.38	L	F	Miette Van Huyssteen	18	CUHE OBD	17/10/2024 43rd Freda Barnard Invitational Gala
34	48.43	L	F	Shirley Mlotshwa	18	ATTE TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
35	56.43	L	F	Hannah Inns-Swanepoel	18	ANAX CPT	09/11/2024 Swartland Prestige Gala 2024
36	1:03.30	L	F	Isabel Du Preez	18	GHSK	05/10/2024 FLAMINGO GALA OCT 2024
<b>Women 18-18 100 Breast</b>							
1	1:11.08	L	F	Georgia Els	18	TUKS TSH	13/12/2024 NMBA Championships 2024
2	1:12.43	L	F	Isabella Mc Colgan	18	TUKS TSH	29/11/2024 CGA Championships 2024
3	1:13.13	L	F	Morgan Cope	18	LALE CED	05/12/2024 Western Cape LC-A Championship 2024
4	1:13.87	L	F	Alexia Greyling	18	CA EKU	05/12/2024 EGA Summer Championships
5	1:20.81	L	F	Anika Hugo	18	QSAW CED	05/12/2024 Western Cape LC-A Championship 2024
6	1:22.05	L	F	Jorja Lindstrom	18	BCA BUF	11/01/2025 EDEN INTER DISTRICT PRESTIGE
7	1:22.16	L	F	Kiera Cloete	18	SASE JHB	10/01/2025 2024 Grand Prix Invitation Swimming
8	1:22.36	L	F	Chelsea White	18	CRSC JHB	22/01/2025 Crusaders Night Gala 2
9	1:22.75	L	F	Danielle Webster	18	RFA TSH	18/10/2024 NTS Level 3+ October Age Group 2024
10	1:24.99	L	P	Jessica Baker	18	WATR JHB	29/11/2024 CGA Championships 2024
11	1:25.33	L	F	Maya Laubscher	18	ASAC CPT	07/09/2024 CTA Qualifying Meet 4 (L3 & Above)
12	1:25.52	L	F	Xandri Palmer	18	POTC KKD	07/12/2024 NWS Championships 2024
13	1:25.58	L	F	Abigail Olivier	18	ACAQ CCD	29/11/2024 Limpopo Champs 2024
14	1:26.40	L	F	Erin Langenhoven	18	SLAQ CPT	17/10/2024 43rd Freda Barnard Invitational Gala
15	1:26.92	L	F	Juliette Pascoe	18	TUKS TSH	13/12/2024 NMBA Championships 2024
16	1:27.09	L	F	Lucy Friedenthal	18	UNI EZD	29/11/2024 Mpumalanga Championships 2024
17	1:28.51	L	F	Mienke Herbst	18	SSISA CPT	21/09/2024 CTA INVITATIONAL LC MEET
18	1:28.84	L	F	Nirvana Borrageiro	18	AZON ETH	14/06/2024 AQZ Winter Warmer 2024
19	1:28.97	L	F	Mila Kriek	18	QSAW CED	09/11/2024 Winelands SL4
20	1:29.75	L	F	Marlouise Keet	18	DDA TSH	13/09/2024 NTS September Age Group 2024
21	1:30.59	L	F	Justine Crator	18	CA EKU	26/10/2024 Summer 3 Delville
22	1:31.05	L	F	Chanel Du Plessis	18	CYBE CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
23	1:31.63	L	F	Emma Terblanche	18	KOVS MAN	11/10/2024 Otters Prestige Gala 2024
24	1:33.11	L	F	Keira Booth	18	HMER MP	08/10/2024 Limpopo Top 8 - High Schools
25	1:36.56	L	F	Rachel Murray	18	HARL BUF	25/01/2025 BCA January Age Group Gala 2025
26	1:40.38	L	F	Ashley Jansen van Vuuren	18	CSA EZD	29/11/2024 Mpumalanga Championships 2024
27	1:47.98	L	F	Shirley Mlotshwa	18	ATTE TSH	11/10/2024 NTS Level 1+2 October Age Group 2024

### Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
28	2:13.17 L	F	Isabel Du Preez	18	GHSK	05/10/2024	FLAMINGO GALA OCT 2024	
<b>Women 18-18 200 Breast</b>								
1	2:36.49 L	F	Morgan Cope	18	LALE CED	05/12/2024	Western Cape LC-A Championship 2024	
2	2:36.78 L	F	Georgia Els	18	RSA	19/06/2024	BRICS Games Swimming 2024 Russia	
3	2:37.96 L	F	Isabella Mc Colgan	18	TUKS TSH	29/11/2024	CGA Championships 2024	
4	2:41.55 L	F	Alexia Greyling	18	CA EKU	05/12/2024	EGA Summer Championships	
5	2:48.15 L	P	Megan Stewart	18	AZON ETH	02/07/2024	Prestige Tournament 2024	
6	2:48.96 L	F	Chelsea White	18	CRSC JHB	29/11/2024	CGA Championships 2024	
7	2:57.57 L	P	Anika Hugo	18	QSAW CED	05/12/2024	Western Cape LC-A Championship 2024	
8	2:58.24 L	F	Jorja Lindstrom	18	HARL BUF	13/12/2024	NMBA Championships 2024	
9	2:58.81 L	F	Abigail Olivier	18	ACAQ CCD	29/11/2024	Limpopo Champs 2024	
10	2:59.32 L	F	Kiera Cloete	18	SASE JHB	10/01/2025	2024 Grand Prix Invitation Swimming	
11	3:03.71 L	F	Tayla Bruce	18	RSA	04/10/2024	Curro AquaElite Gala	
12	3:10.00 L	F	Juliette Pascoe	18	TUKS TSH	13/12/2024	NMBA Championships 2024	
13	3:11.84 L	F	Mienke Herbst	18	SSISA CPT	21/09/2024	CTA INVITATIONAL LC MEET	
14	3:11.96 L	F	Erin Langenhoven	18	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala	
15	3:11.97 L	F	Mila Kriek	18	QSAW CED	09/11/2024	Winelands SL4	
16	3:15.91 L	F	Robyn Cowley	18	CSC TSH	13/09/2024	NTS September Age Group 2024	
17	3:17.18 L	F	Rachel Murray	18	HARL BUF	25/01/2025	BCA January Age Group Gala 2025	
18	3:17.43 L	F	Lucy Friedenthal	18	UNI EZD	29/11/2024	Mpumalanga Championships 2024	
19	3:19.20 L	F	Marlouise Keet	18	DDA TSH	18/10/2024	NTS Level 3+ October Age Group 2024	
<b>Women 18-18 50 Fly</b>								
1	29.03 L	F	Georgia Els	18	TUKS TSH	13/12/2024	NMBA Championships 2024	
2	29.42 L	P	Christine Wessels	18	TUKS TSH	05/12/2024	Western Cape LC-A Championship 2024	
3	29.54 L	F	Kendra Venter	18	INFA NMA	15/06/2024	PEA Winter Gala 2024	
4	29.65 L	F	Megan Stewart	18	AZON ETH	02/07/2024	Prestige Tournament 2024	
5	29.75 L	F	Rachel Groepes	18	TUKS TSH	05/12/2024	Western Cape LC-A Championship 2024	
6	29.82 L	F	Tori Voke	18	VIKI BUF	15/06/2024	PEA Winter Gala 2024	
7	30.70 L	F	Jo-Ell Viljoen	18	ASAW CED	05/12/2024	Western Cape LC-A Championship 2024	
8	30.94 L	P	Anika Hugo	18	QSAW CED	05/12/2024	Western Cape LC-A Championship 2024	
9	31.06 L	P	Nirvana Borrageiro	18	AZON ETH	02/07/2024	Prestige Tournament 2024	
10	31.33 L	P	Jessica Baker	18	WATR JHB	29/11/2024	CGA Championships 2024	
11	31.43 L	F	Ninah Wedderburn	18	INFA NMA	31/01/2025	Infinity Gala 2025	
12	31.47 L	P	Ella-May Claassen	18	PAC TSH	15/06/2024	PEA Winter Gala 2024	
13	31.57 L	P	Cleo Lin	18	WATR JHB	29/11/2024	CGA Championships 2024	
14	31.81 L	F	Emily Beatt	18	NMU NMA	17/08/2024	Madibaz Swim Meet 2024	
15	31.89 L	F	Jana Naude	18	ASA ILD	25/01/2025	uShaka Champs 2025	
16	31.91 L	F	Madison Scorgie	18	AA JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan	
17	31.96 L	F	Annik Battheu	18	TUKS TSH	13/09/2024	NTS September Age Group 2024	
18	31.97 L	F	Clio Smidt	18	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024	
19	32.29 L S	F	Chanel Du Plessis	18	CYBE CPT	21/09/2024	CTA INVITATIONAL LC MEET	
20	32.58 L	F	Xandri Palmer	18	POTC KKD	07/12/2024	NWS Championships 2024	
21	32.70 L	F	Erin Langenhoven	18	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala	
22	32.78 L S	F	Maya Laubscher	18	ASAC CPT	21/09/2024	CTA INVITATIONAL LC MEET	
23	32.88 L S	F	Utah Novello	18	TGA WCD	21/09/2024	CTA INVITATIONAL LC MEET	
24	33.06 L	P	Jorja Lindstrom	18	HARL BUF	15/06/2024	PEA Winter Gala 2024	
25	33.63 L	F	Rachel Murray	18	HARL BUF	13/12/2024	NMBA Championships 2024	
26	33.71 L	F	Marlouise Keet	18	DDA TSH	13/09/2024	NTS September Age Group 2024	
27	33.85 L	F	Amber Ogden	18	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024	
28	34.53 L	P	Lucy Friedenthal	18	UNI EZD	29/11/2024	Mpumalanga Championships 2024	
29	35.21 L	F	Abigail Olivier	18	ACAQ CCD	29/11/2024	Limpopo Champs 2024	
30	35.54 L	F	Annika Erasmus	18	AA JHB	22/01/2025	Crusaders Night Gala 2	
31	36.06 L	F	Melisca Everson	18	AQUA UTD	07/12/2024	Uthukela District Age Group Gala	
32	36.82 L	F	Justine Crator	18	CA EKU	26/10/2024	Summer 3 Delville	
33	38.88 L	F	Carlia Nel	18	HPP BUF	08/10/2024	Limpopo Top 8 - High Schools	
34	39.52 L	F	Elani Neethling	18	ELRAS WBD	29/11/2024	Limpopo Champs 2024	
35	39.82 L	P	Lukhanyiso Tywala	18	RRSC JHB	29/11/2024	CGA Championships 2024	
36	40.01 L	F	Ashley Jansen van Vuuren	18	CSA EZD	29/11/2024	Mpumalanga Championships 2024	

## Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
37	40.09 L	F	Sarah Byrne	18	LAD UTD	11/01/2025	Uthukela District Age Group Gala
38	41.10 L	F	Christine Keira Pagkatipunan	18	SOUL EKU	01/02/2025	EGA Last Chance Gala
39	58.88 L	F	Isabel Du Preez	18	GHSK	05/10/2024	FLAMINGO GALA OCT 2024
40	1:02.47 L	F	Hannah Inns-Swanepoel	18	ANAX CPT	09/11/2024	Swartland Prestige Gala 2024
<b>Women 18-18 100 Fly</b>							
1	1:03.34 L	F	Georgia Els	18	TUKS TSH	13/12/2024	NMBA Championships 2024
2	1:04.78 L S	F	Christine Wessels	18	TUKS TSH	05/12/2024	Western Cape LC-A Championship 2024
3	1:06.48 L S	F	Chanel Du Plessis	18	CYBE CPT	05/12/2024	Western Cape LC-A Championship 2024
4	1:07.44 L	F	Kendra Venter	18	INFA NMA	15/06/2024	PEA Winter Gala 2024
5	1:08.13 L	F	Megan Stewart	18	AZON ETH	02/07/2024	Prestige Tournament 2024
6	1:09.72 L	F	Nirvana Borrageiro	18	RSA	04/10/2024	Curro AquaElite Gala
7	1:11.37 L	F	Jessica Baker	18	WATR JHB	29/11/2024	CGA Championships 2024
8	1:11.42 L S	F	Ninah Wedderburn	18	INFA NMA	17/01/2025	6th A League Gala 2025
9	1:11.77 L	F	Cleo Lin	18	WATR JHB	17/08/2024	Madibaz Swim Meet 2024
10*	1:12.70 L S	P	Clio Smidt	18	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
10*	1:12.70 L	P	Madison Scorgie	18	AA JHB	29/11/2024	CGA Championships 2024
12	1:13.58 L	F	Erin Langenhoven	18	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala
13	1:13.86 L	F	Jorja Lindstrom	18	HARL BUF	22/11/2024	BCA Long Course Championships 2024
14	1:15.17 L	P	Tasnim Nabbie	18	ACSA ETH	02/07/2024	Prestige Tournament 2024
15	1:15.48 L S	F	Annik Battheu	18	TUKS TSH	07/12/2024	NWS Championships 2024
16	1:16.40 L	F	Danielle Webster	18	RFA TSH	18/10/2024	NTS Level 3+ October Age Group 2024
17	1:17.65 L	F	Marlouise Keet	18	DDA TSH	29/11/2024	Limpopo Champs 2024
18	1:19.03 L	F	Rachel Murray	18	BCA BUF	11/01/2025	EDEN INTER DISTRICT PRESTIGE
19	1:20.47 L	F	Maya Laubscher	18	ASAC CPT	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)
20	1:21.28 L	F	Annika Erasmus	18	AA JHB	29/11/2024	CGA Championships 2024
21	1:26.86 L	F	Robyn Cowley	18	CSC TSH	13/09/2024	NTS September Age Group 2024
22	1:28.09 L	F	Yedidah Theron	18	EDA ED	11/01/2025	EDEN INTER DISTRICT PRESTIGE
23	1:35.56 L	F	Carlia Nel	18	HPP BUF	08/10/2024	Limpopo Top 8 - High Schools
<b>Women 18-18 200 Fly</b>							
1	2:30.96 L	F	Jo-Ell Viljoen	18	ASAW CED	05/12/2024	Western Cape LC-A Championship 2024
2	2:32.00 L	F	Chanel Du Plessis	18	CYBE CPT	05/12/2024	Western Cape LC-A Championship 2024
3	2:43.93 L	F	Chelsea White	18	CRSC JHB	29/11/2024	CGA Championships 2024
4	2:49.56 L	F	Erin Langenhoven	18	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala
5	2:55.98 L	F	Rachel Murray	18	HARL BUF	22/11/2024	BCA Long Course Championships 2024
6	3:06.45 L	F	Jorja Lindstrom	18	HARL BUF	22/11/2024	BCA Long Course Championships 2024
7	3:08.72 L	F	Yedidah Theron	18	ROA EDD	17/10/2024	43rd Freda Barnard Invitational Gala
<b>Women 18-18 200 IM</b>							
1	2:19.68 L	F	Georgia Els	18	TUKS TSH	13/12/2024	NMBA Championships 2024
2	2:26.74 L	F	Megan Stewart	18	AZON ETH	02/07/2024	Prestige Tournament 2024
3	2:30.53 L	F	Kendra Venter	18	INFA NMA	16/11/2024	5th A League Gala 2024
4	2:31.70 L	F	Chanel Du Plessis	18	CYBE CPT	05/12/2024	Western Cape LC-A Championship 2024
5	2:32.77 L	F	Utah Novello	18	TGA WCD	05/12/2024	Western Cape LC-A Championship 2024
6	2:32.79 L	F	Chelsea White	18	CRSC JHB	29/11/2024	CGA Championships 2024
7	2:36.41 L	F	Jessica Baker	18	WATR JHB	29/11/2024	CGA Championships 2024
8	2:36.97 L	P	Anika Hugo	18	QSAW CED	05/12/2024	Western Cape LC-A Championship 2024
9	2:37.40 L	F	Cleo Lin	18	WATR JHB	29/11/2024	CGA Championships 2024
10	2:38.58 L	F	Nirvana Borrageiro	18	AZON ETH	02/07/2024	Prestige Tournament 2024
11	2:38.94 L	F	Kirsten Storm	18	TUKS TSH	22/01/2025	Crusaders Night Gala 2
12	2:41.72 L	F	Jorja Lindstrom	18	HARL BUF	22/11/2024	BCA Long Course Championships 2024
13	2:42.25 L S	F	Maya Laubscher	18	ASAC CPT	21/09/2024	CTA INVITATIONAL LC MEET
14	2:42.31 L	P	Tayla Bruce	18	BEAV ETH	02/07/2024	Prestige Tournament 2024
15	2:43.34 L	F	Rachel Murray	18	HARL BUF	15/06/2024	PEA Winter Gala 2024
16	2:44.65 L	F	Xandri Palmer	18	NWS	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
17	2:45.12 L	F	Erin Langenhoven	18	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala
18	2:45.68 L	P	Madison Alberts	18	AZON ETH	02/07/2024	Prestige Tournament 2024
19	2:46.04 L	P	Anri Wenhold	18	TUKS TSH	05/12/2024	EGA Summer Championships
20	2:47.61 L	F	Ninah Wedderburn	18	INFA NMA	05/10/2024	4th A League Gala 2024
21	2:49.37 L	F	Marlouise Keet	18	DDA TSH	13/09/2024	NTS September Age Group 2024



### Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
22	2:50.89 L	F	Jana Naude	18	STSC KCD	26/10/2024	Froggies Aquatics Championships 2024	
23	2:54.41 L	F	Clio Smidt	18	VINE GPT	02/11/2024	CTA A & B CHAMPS 2024	
24	2:55.76 L	F	Tasnim Nabbie	18	ACSA ETH	02/07/2024	Prestige Tournament 2024	
25	2:57.57 L	F	Yedidah Theron	18	ROA EDD	17/10/2024	43rd Freda Barnard Invitational Gala	
26	3:00.12 L	F	Mila Kriek	18	QSAW CED	09/11/2024	Winelands SL4	
27	3:00.65 L	F	Amber Ogden	18	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024	
28	3:01.22 L	P	Dominique Rabie	18	ACSA ETH	02/07/2024	Prestige Tournament 2024	
29	3:12.06 L	F	Ashley Jansen van Vuuren	18	CSA EZD	29/11/2024	Mpumalanga Championships 2024	
30	3:23.27 L	F	Melisca Everson	18	AQUA UTD	02/11/2024	Uthukela District Age Group Gala	
31	3:32.08 L	F	Christine Keira Pagkatipunan	18	SOUL EKU	05/12/2024	EGA Summer Championships	
32	3:44.14 L	F	Sarah Byrne	18	LAD UTD	02/11/2024	Uthukela District Age Group Gala	
<b>Women 18-18 400 IM</b>								
1	5:12.86 L	F	Megan Stewart	18	AZON ETH	02/07/2024	Prestige Tournament 2024	
2	5:25.30 L	F	Chanel Du Plessis	18	CYBE GPT	05/12/2024	Western Cape LC-A Championship 2024	
3	5:27.18 L	F	Chelsea White	18	CRSC JHB	29/11/2024	CGA Championships 2024	
4	5:34.96 L	F	Maya Laubscher	18	ASAC GPT	02/11/2024	CTA A & B CHAMPS 2024	
5	5:40.94 L	F	Tayla Bruce	18	BEAV ETH	02/07/2024	Prestige Tournament 2024	
6	5:52.07 L	F	Rachel Murray	18	HARL BUF	22/11/2024	BCA Long Course Championships 2024	
7	6:02.69 L	F	Jorja Lindstrom	18	HARL BUF	22/11/2024	BCA Long Course Championships 2024	